

Cornwall-Lebanon School District Curriculum Overview

Health – 10th Grade

19 length of time in weeks	Concepts & Competencies	Common Assessments	Academic Standards (PA Standard)
Unit 1 9	<p style="text-align: center;"><u>Wellness</u></p> <p>Students will assess factors that impact adult health consumer choices.</p> <p>Students will examine and apply a decision-making process to the development of short and long-term health goals.</p> <p>Students will evaluate factors that impact the body systems and apply protective/preventive strategies.</p> <p>Students will analyze factors that impact growth and development between adolescence and adulthood.</p> <p>Students will analyze how personal choice, disease and genetics can impact health maintenance and disease prevention.</p>	<ul style="list-style-type: none"> ➤ Wellness Unit Test 	10.1.9.A 10.1.9.E 10.1.12.B 10.2.9.D 10.2.12.B
Unit 2 3	<p style="text-align: center;"><u>Addiction</u></p> <p>Students will evaluate issues relating to the use/non-use of drugs.</p> <p>Students will analyze prevention and intervention strategies in relation to adolescence and adult drug use.</p> <p>Students will analyze the relationship between health-related information and adolescent consumer choices.</p> <p>Students will analyze factors that impact growth and development between adolescence and adulthood.</p>	<ul style="list-style-type: none"> ➤ Addiction Unit Test 	10.1.9.A 10.1.12.D 10.2.9.B
Unit 3 2	<p style="text-align: center;"><u>Nutrition</u></p> <p>Student will evaluate factors that impact the body systems and apply protective/preventive strategies. Student will analyze Factors that impact nutritional choices of adults.</p> <p>Student will compare and contrast the positive and negative effects of the media on adult personal health and safety.</p>	<ul style="list-style-type: none"> ➤ Nutrition Unit Test 	10.1.9.C 10.1.12.B 10.1.12.C

		Students will analyze factors that impact nutritional choices of adolescence.		
Unit 4	4	<p style="text-align: center;"><u>Human Sexuality</u></p> <p>Students will evaluate factors that impact the body systems and apply protective/preventive strategies. Students will analyze factors that impact growth and development between adolescence and adulthood. Students will examine and apply a decision-making process to the development of short and long-term health goals. Students will assess factors that impact adult health consumer choices.</p>	➤ Human Sexuality Unit Test	10.1.9.A 10.2.12.B
Unit 5	1	<p style="text-align: center;"><u>Aging, Death and Dying</u></p> <p>tudents will evaluate factors that impact growth and development during adulthood and late adulthood. Students will analyze how personal choice, disease and genetics can impact health maintenance and disease prevention. Students will evaluate factors that impact the body systems and apply protective/preventive strategies. Students will examine and apply a decision-making process to the development of short and long term health goals.</p>	➤ Aging, Death and Dying Unit Test	10.1.12.A