



EBENEZER ELEMENTARY

January 2021



Principal's Message

Dean W. Bozman, Ed.D.

Dear Parents/Guardians,

During December, Ebenezer was busy with the hustle and bustle of the holiday season. The annual Holiday Shop which is supported by the PTE, provided students with the opportunity to buy gifts for friends and family. Buying gifts for others, gives students the chance to experience the feeling of giving to others. Thanks to the help and dedication of the PTE, teachers, and volunteers, students had the chance to visit the Holiday Shop during the school day.

Under the leadership of Mrs. Dundore, Mr. Thompson and Dr. Campbell and with the support of our music department, virtual chorus, band and orchestra concerts were shared with the Ebenezer school community.

During my monthly student recognition program, Excellent Events, students were recognized for P.R.A.I.S.E. Awards, Shining Stars, Principal's 100 Club and December birthdays. At each Excellent Event I talk about the character trait for the upcoming month which happens to be *Acceptance*. January's character trait, *Acceptance*, ties in nicely with Dr. Martin Luther Kings Jr.'s message of accepting others for who they are and not judging others by the color of their skin.

Based on the CLSD School District's calendar, it is expected that the snow make up day for December 17, 2020 will be made up on January 18, 2021.

Please join us for our next PTE meeting on January 6th at 6:30 PM.

Important Dates

- January 1 No School
- January 6 PTE Meeting 6:30 PM
- January 20 School in Session (1st Weather Make-up Day)
- January 22 2nd Marking Period Ends
- January 25 No School (Professional Learning Day)
- January 28 Excellent Events (wear your spirit t-shirt or blue & grey)



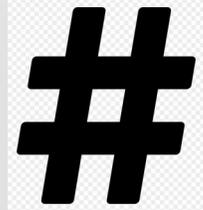
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Meet

Mrs. Gilbert



#SMILE

5th Grade Teacher



#WELCOME

Hello, my name is Shannon Gilbert. I teach fifth grade at Ebenezer. I have also taught third and fourth grade. I went to college at Penn State University and Northeastern Illinois University. I love teaching fifth grade. I went to the old Ebenezer Elementary School and graduated from Cedar Crest High School. I have two daughters, Tabitha and Samantha. Samantha is a senior at Lebanon Valley College. She is studying to be an elementary school teacher. Tabitha is a senior at Cedar Crest High School. She will be going to Lebanon Valley College in the fall to study to become a high school history teacher. Both of my daughters went to Ebenezer as well. I have the best two jobs: being a fifth grade teacher and mom to Tabi and Sami. Fifth graders are fabulous.

#FAVORITES

- Teaching
- Family Life
- Snow
- Decorating
- Baking/Cooking
- Traveling

#CONTACT

717-272-1969 ext. 2380

sgilbert@clsd.k12.pa.us



School Counselor SPOTLIGHT

www.schcounselor.com



Mrs. Maeve O'Donnell, MS, NCSP, ABSNP

Learning Facilitator

(School Psychologist/School Counselor)

717-272-1969 ext. 2308

modonnell@clsd.k12.pa.us

This year, Ebenezer Elementary is implementing a curriculum designed to foster self-regulation and emotional control, *The Zones of Regulation*, written and created by Leah M. Kuypers. There are four *Zones*. Each month, I'll provide you with more information about each *Zone* and strategies to get back to the **GREEN ZONE**, which is a regulated state of alertness and means you're "Good to Go!"

The **BLUE ZONE** is a low state of alertness such as feeling sad, tired, sick or bored. The brain is moving slow and you may be feeling sluggish. Below are some Blue Zone strategies:

- Get a drink
- Ask to go for a walk (school strategy)
- Stretch
- Talk it out
- Fill out a "think sheet"
- Think of happy memories
- Ask for a hug or high five
- Use an "I-Statement" ("I feel ___ when you ___." "I want you to ___.")
- Smile
- Take a nap (home strategy)
- Take a walk outside

If your child is experiencing frequent Blue Zone feelings, do not hesitate to contact me at 717-272-1969 ext. 2308 or modonnell@clsd.k12.pa.us so we can collaborate how to best support your child's emotional needs.





From the Desk of Ms. Lu, Certified School Nurse:

1. **Please pack:** A change of clothing to keep in your child's book bag so that they are readily available in school in the time of need.
2. **Cough Drops/Medications:** Please remember that most cough drops are considered a medication and are discouraged unless you have written instructions from a physician. All medications, including cough drops, must be brought into the school by an adult – **not in a student's book bag.**
3. **Water and Dehydration:** Perhaps instead of cough drops, your child can bring a water bottle to school. Helps to keep coughing at a minimum. Students should drink half in the morning and half in the afternoon and take home an empty water bottle. Water helps us keep alert and hydrated and boosts the immune system.
4. **Dress for Recess:** Just a reminder that all students have a 20 minute recess daily. Unless it is extremely cold, recess is outdoors. Please be sure your child is dressed properly for cold weather recess. If you have concerns, questions or clothing needs, please call Mrs. Lu, school nurse, at 717-389-1876.
5. **Illness:** We want children to come to school and be able to learn and feel well! If your child is ill, he/she may not be able to do well academically in school. Please keep ill children home until temperature is below 100 degrees without the aid of Tylenol or Ibuprofen for 24 hours.



From the District Office:

Did you know?

- Information about any **School Closings or Delays** will be posted to the District Home page: www.clsd.k12.pa.us and also to the Cornwall-Lebanon School District **Facebook** page and Twitter ([@CLSD_Schools](https://twitter.com/CLSD_Schools)). Be sure to update your weather emergency contact information under the Skylert tab on the parent portal in order to receive calls and emails.
- **CLSD Calendar of Events:** Please check the District website calendar for updates to events listed in the *2020-2021 CLSD Calendar*. Many activities listed in the calendar will have an online option for remote viewing. The link will be posted on the same date on the website calendar: www.clsd.k12.pa.us.

January 2021 Calendar Notes (*January is School Directors Recognition Month*):

- **Friday, Jan. 1:** No School – Last Day of Winter Vacation
- **Monday, Jan. 4:** CLSD Board of School Directors Public Work Session, 5:30 p.m.; Check website for info and a link to view or participate online
- **Sunday, Jan. 10:** CCHS Winter Band Pops Concert, 2 PM; check website calendar for link to virtual concert
- **Monday, Jan. 11:** CLSD Board of School Directors regular meeting, 5:30 p.m.; Check website for info and a link to view or participate online
- **Wednesday, Jan. 13:** *CLSD Custodians & Maintenance Workers Recognition Day*
- **Monday, Jan. 18:** School is In Session. This is the weather make-up day for the School Closure on Dec. 17, 2020
- **Friday, Jan. 22:** End of the 2nd Marking Period/1st Semester
- **Monday, Jan. 25:** No School for Students (**Professional Development Day**)

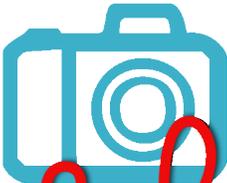


Winter Recess

Whenever possible, the students go outside for daily recess. Unless requested by a doctor's note, all students who are eligible for recess (as determined by their teacher) will go outside. On days when it is extremely cold, and there is a very low wind chill factor, there will be no outside recess. Please be sure that your child is always dressed properly for the cold weather in the event that there IS outside recess. If your child is in need of a coat, hat, or gloves for the winter, please contact our School Nurse, Kim Lu at 389-1876.



Orders for the 2020-2021 Ebenezer Elementary Yearbook are being taken now! Don't miss out on this memento filled with pictures and memories of all fun times your child will be participating in this year at Ebenezer Elementary. It's easy, just go to: <https://ybpay.lifetouch.com> and enter ID code 10860421. Order today to guarantee your child's yearbook.

BUY  YOUR
Yearbook

PTE IMPORTANT DATES & REMINDERS:

Our next PTE meeting is Wednesday, January 6th at 6:30pm.

Thank you to all who bought Texas Roadhouse gift card

Continue clipping Box Tops! The spring submission date will be in February.

Don't forget to "like" us on Facebook! www.Facebook.com/EbenezerPTE.

PTE wishes for a Happy and Healthy New Year!!

**Ronice Sceski, PTE President
ebpte@clsd.k12.pa.us**



\$\$Falcon Foundation\$\$

Are you interested in learning something new?

Would you like to become a better musician?

Is there a skill you would like to develop in sports or art?

Do you want to improve academically?

Are you interested in science or history?

As an Ebenezer Elementary student and family,

you are eligible to apply for an award from

the Falcon Foundation.

The Falcon Foundation Grants and Awards committee is currently accepting applications for educational opportunity awards. The awards are for any student who has shown superior achievement deserving recognition or for a student displaying academic/ financial need. **The application deadline for summer awards is March 15th.**

For an application, go to <https://www.clsd.k12.pa.us/>. Under the Community tab menu, select Falcon Foundation. Please contact Miss Baumbach (jbaumbach@clsd.k12.pa.us) if you need an application or have any questions.

Reading Goals for 2021

From Mrs. McCracken, Mrs. Wenrich, and Mrs. Williams

Goal 1: Read ONE BOOK (or chapter) a night.

Reading just one book a day to a child can have a huge impact on their literacy development. Just one book can expose them to an extra 78,000 words per year...and its okay to repeat books!

Goal 2: Have at least one conversation about books per day.

Try some of these conversation starters, "What did you read today that you loved?" "How would you feel if you were a character in the book?" "How would the story be different from another character's point of view?"

Goal 3: Try POETRY!

When we think about reading, we often forget about the beauty of poetry. Poems expand vocabulary and increase phonemic awareness through rhyming and word play.

Goal 4: Be a good reading model.

Show your children that you read too! Parents lead by example. Make sure your kids catch you reading for fun! Whether it is an article about your favorite sports team, a new mystery novel, or the daily newspaper!

Goal 5: Participate in a reading challenge!

Stay tuned for our Everyone Reads at Ebenezer ONE BOOK coming soon! Read this year's selection as a family! We hope you achieve this goal in 2021!

**Reading is
Snow Much
Fun!**

KIDS HEART CHALLENGE

Ebenezer's annual Kids Heart Challenge (formerly known as Jump Rope For Heart) for **grades K – 5** will be held **the month of February 2021**. This will be the 25th consecutive year that Ebenezer has participated in this event. In 24 years of participating in JRFH, Ebenezer has raised more than **\$690,000** for the American Heart Association to help fight heart disease! **Last year, Ebenezer ranked 3rd in the USA out of 20,000+ schools when we raised \$50,500+ for the AHA!** This was our best finish in the USA. Also, **100% of the students** participated in last year's event. Our participation percentage (100%) tied an Ebenezer school record. **EVERY** student brought in a permission slip and collection envelope! Get involved in Kids Heart Challenge. We participate in the Kids Heart Challenge for three reasons – 1. To help save people's lives; 2. To get our heart healthier; 3. To have fun! This year the American Heart Association is introducing another "Heart Hero Squad" as part of their new incentive program! Kids Heart Challenge information will be sent home in early January.

Mr. Robert Bare, Physical Education Teacher, Ebenezer Elementary School
Boys' Track & Field Coach, Cedar Crest High School



"Good is not enough when you dream of being great!"

Modified Kindergarten Schedule

In the event of a 2-hour delay

To make the morning and afternoon classes of kindergarten more equitable, in the event of any two-hour delay during inclement weather, the following modified schedule for kindergarten children will be placed in effect:

AM Kindergarten 11:00 am–12:45 pm (Expected **arrival time** at home will be one hour later).

PM Kindergarten 1:45 – 3:30 pm (Expected **pick up time** will be one hour later).

STARS of the Month for January



Zayne Kercher—3-Cooley
Kinsley Miller—4-Emborsky
Olivia Weber—5-Bixler



Dr. Bozman would like to congratulate these students.