

Food Service Coordinator: Emily Rodriguez
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Cornwall-Lebanon School District January 2021 K-5 Breakfast & Lunch Menu

CLSD Free Meals Program

Each student learning in-person is entitled to 1 free breakfast and 1 free lunch every day

No additional application is required until further notice. Snacks and extra items will be charged accordingly

Contact the Food Service Office to learn more about Free & Reduced Price Meals in our District

MENU SUBJECT TO CHANGE

DAILY BREAKFAST CORNER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Grab N' Go Entrée*</p> <p>Monday Chewy Granola Bar Tuesday Egg & Cheese Bagel Sandwich Wednesday Teddy Grahams & Yogurt Cup Thursday String Cheese & Muffin Top Friday Chocolate OR Powdered Donuts</p> <p>Breakfast includes 1 fruit and 1 juice box Milk is offered with each breakfast</p> <p><small>*ALL breakfast items are Whole Grain and Reduced Sugar</small></p>	<p>1/4/2020</p> <p>Lunch Entrée Chicken Patty Sandwich Buttered Corn Kernels Apple Slices</p>	<p>1/5/2020</p> <p>TACO TUESDAY Doritos Walking Taco Fiesta Black Beans Lettuce & Cheese Pineapple Tidbits</p>	<p>1/6/2020</p> <p>Lunch Entrée Meatball Sub French Fries Ranch Style Green Beans Mixed Fruit</p>	<p>1/7/2020</p> <p>BREAKFAST FOR LUNCH Dutch Waffle & Yogurt Cup Hash Browns Orange Juice</p>	<p>1/8/2020</p> <p>Lunch Entrée Big Daddy's Cheese Pizza Fresh Salad with Dressing Fresh Fruit Choice</p>
<p>DAILY ALTERNATIVE:</p> <p>Monday, Tuesdays, Thursdays, and Fridays Muffin Meal (Updated) - Muffin Top, String Cheese, Yogurt Cup, Goldfish Fruit & Vegetable cup</p> <p>Wednesdays Uncrustable (Peanut Butter and Jelly) Fruit & Vegetable cup</p>	<p>1/11/2020</p> <p>Lunch Entrée Chicken Tenders Macaroni & Cheese Apple Slices Wango Mango Vegetable Juice</p>	<p>1/12/2020</p> <p>TACO TUESDAY Fiesta Taco Pizza Fresh Vegetable Cup with Ranch Diced Pears</p>	<p>1/13/2020</p> <p>Lunch Entrée Hot Dog* Vegetarian Baked Beans Curly Fries Mandarin Oranges</p> <p><small>*Hot Dog does not contain pork</small></p>	<p>1/14/2020</p> <p>Lunch Entrée Teriyaki Chicken Vegetable Fried Rice Fortune Cookie Pineapple Tidbits</p>	<p>1/15/2020</p> <p>Lunch Entrée Cheese Stuffed Breadsticks Marinara Sauce Cup Wango Mango Vegetable Juice Fresh Fruit Choice</p>
<p>FALCON SIDES!</p> <p>Fresh fruits and raw vegetables are offered daily with a muffin meal or main line</p>	<p>1/18/2020</p> <p>Martin Luther King Jr. Day</p> <p>Check back for more info from the Cornwall-Lebanon School District regarding this Weather Make-Up Day!</p> <p><small>Go to https://www.clsd.k12.pa.us/ for the most up-to-date information!</small></p>	<p>1/19/2020</p> <p>Lunch Entrée Turkey & Cheese Sub Cream of Potato Soup Diced Peaches Baked Lay's Chips</p>	<p>1/20/2020</p> <p>Lunch Entrée Sloppy Joe Vegetarian Baked Beans Crinkle Cut Fries Mixed Fruit</p>	<p>1/21/2020</p> <p>BREAKFAST FOR LUNCH French Toast Cheese Omelet Tater Tots Orange Slices</p>	<p>1/22/2020</p> <p>Lunch Entrée Big Daddy's Cheese Pizza Fresh Salad with Dressing Fresh Fruit Choice</p>
<p>GOT MILK?</p> <p>Milk Choices: 1% White Milk Fat Free Chocolate Milk</p>					
<p>ALA CARTE OPTIONS*</p> <p>Assorted Hershey's Ice Cream - Assorted Baked Chips</p> <p><small>*All snacks are Smart Snack Compliant - Student must have money in account to purchase - A La Carte items are those items sold separately, not part of a meal.</small></p>	<p>1/25/2020</p> <p>NO SCHOOL</p>	<p>1/26/2020</p> <p>TACO TUESDAY Tostito's Taco Dip and Cheese Sauce Fresh Vegetable Cup with Ranch Diced Pears</p>	<p>1/27/2020</p> <p>Lunch Entrée Cheeseburger Emoji Fries Mandarin Oranges</p>	<p>1/28/2020</p> <p>Falcon Feast Popcorn Chicken Mashed Potatoes & Gravy Corn Kernels Pineapple Tidbits</p>	<p>1/29/2020</p> <p>Lunch Entrée Cheesy Calzone Marinara Sauce Cup Fresh Fruit Choice Wango Mango Vegetable Juice Free Cookie for ALL students who make a meal!</p>

CAFÉ NEWS!

ONLINE PAYMENTS VIA SKYWARD: <https://www.clsd.k12.pa.us/>

CASH/CHECK PAYMENTS MAY BE BROUGHT TO YOUR STUDENT'S HOMEROOM TEACHER.

PLEASE PUT IN ENVELOPE WITH NAME AND PIN ON FRONT

Free Meals continue through June 30 2021!

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All MEAL options on this menu are free to students. Items labeled "A La Carte" will be charged to the child's account.

PACKER MEAL - Pick 3 & it's FREE!

Students who pack, can request a Packer Meal to the cafe attendant.
A Packer meal will consist of a milk of their choice, 1 fruit option, and 1 vegetable option. ALL 3 items listed must be given to the child to make a FREE Packer meal.

When the cafe provides a free cookie, or free ice cream, students who pick up a Packer meal, will also receive the free treat.

CORNWALL-LEBANON SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

The Falcon FREE Lunch Meal Deal

Choose **ONE** Entree
Daily Entrée Special
Muffin Entree



Choose **1** fruit
Fresh Fruit
Fruit Cup



Choose **1** vegetable
Daily Vegetable
Assorted Vegetable Cup

Add Your Favorite Milk

Don't Get
Take at least ONE Fruit or Veggie.
And at least THREE items total so your meal counts as a complete lunch

The Falcon FREE Breakfast

BREAKFAST ENTREE



FRUIT AND JUICE

1% WHITE MILK -OR- FAT FREE CHOCOLATE MILK