

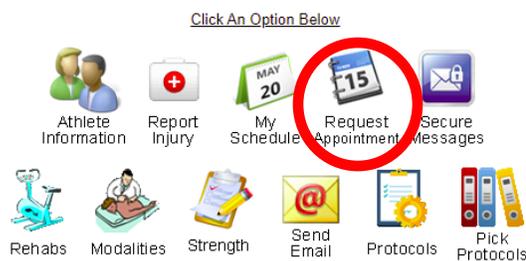
## Cedar Crest Athletics Physical Sign Up Instructions

The Cedar Crest Athletic Training Staff will be holding physicals with school physician, Dr. Yocum, on **May 27<sup>th</sup> from 3:30pm-7:30pm** and **June 10<sup>th</sup> from 2:00pm-6:00pm**. Time slots will be every 10 minutes, with 10 spots per time slot. Physicals will be held in the Alumni Gym. **Athletes and parent/guardians should sign up for a physical date and time using the Athletic Training Software (ATS).** Physicals are \$15. Payments will be made at the door on the day of the athletes physical.

**\*\*\*For any athlete that does not have an account on ATS, please refer to the Athletics section on the district website for creating an account. For any athlete that has an account and forgot their password, please follow the prompt on ATS to reset your password. Your Athlete ID should be your School ID Number.\*\*\***

Follow these steps to sign up for a physical:

1. Login to Athletic Training Software (ATS) using this link <http://atscchs2.atsusers.com/>
2. Click on "Request Appointment"



If you have ANY questions or problems contact your medical staff.

3. Use the calendar to select the date you want **May 27<sup>th</sup>** or **June 10<sup>th</sup>**
  4. Click the "Select" button to select an open appointment time
- \*\*\*Time slots are first come first served, so some time slots might be full\*\*\***

**\*Time Slot Availability is Noted Here\***



5. Once the time slot is blue (such as shown in the above picture), scroll down to the bottom of the page.
6. Enter the athletes name in the "Request Note" box

Request Note (required)

7. Finally click "Send Request"



By following these steps, you have requested a physical appointment. An email has been sent, through ATS, to the Athletic Training Staff. A confirmation message will appear at the top of the screen if the request was successful.

**If you have to change the time of your appointment:** Contact Chris Seldomridge ([cseldomridge@clsd.k12.pa.us](mailto:cseldomridge@clsd.k12.pa.us)) for May 27<sup>th</sup> time slots or Sean Dougherty ([sdougherty@clsd.k12.pa.us](mailto:sdougherty@clsd.k12.pa.us)) for the June 10<sup>th</sup> time slot.

**Please remember to complete all physical forms (Sections 1-6 and the Risk of Injury) on ATS before coming to your physical.** The Athletic Training Staff will print out each athletes Section 6 (medical history) from ATS for the doctors to review during the physical. We will also print out a blank Section 7 that will be filled out during the physical.

Thank you,

Cedar Crest Athletic Training Staff