

Supervisor of Food & Nutrition Services
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FREE
Breakfast for
all enrolled
students!

Cornwall-Lebanon School District May, 2023 Middle School Lunch Menu

MEAL PRICES:

Breakfast - FREE
Lunch - \$2.85
Reduced Price Lunch - \$4.00

MENU SUBJECT TO CHANGE

BREAKFAST CORNER		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MONDAY: French Toast Sticks TUESDAY: Bacon, Egg, & Cheese on a Bagel WEDNESDAY: Fresh Baked Cinnamon Roll THURSDAY: Sausage, Egg, & Cheese on a Crossiant FRIDAY: Cini Mini Daily - Assorted Cereal, Yogurt Parfait, Smoothie, Pastries Breakfast meal choice includes fruit, juice, and milk		5/1/2023 Lunch Entrée: Popcorn Chicken Buttered Noodles Ranch Style Green Beans Dinner Roll	5/2/2023 Lunch Entrée: Lasagna Roll Up with Meat Sauce Breadstick Fresh Garden Salad	5/3/2023 Lunch Entrée: Chicken Wing Bar Choice of: Buffalo or BBQ Sauce Fresh Vegetable Cup Warm Pretzel	5/4/2023 Breakfast for Lunch: Scramble Eggs with Cinnamon Roll Sausage Links Breakfast Potatoes Paradise Punch	5/5/2023 Lunch Entrée: Philly Cheesesteak Onions and Peppers Curly Fries Fresh Cucumber Dunkers
Weekly Sandwich - Ham & Cheese Sandwich						
PIZZA LINE MONDAY: Big Daddy's Cheese or Pepperoni TUESDAY: CC's WEDNESDAY: Four Meat THURSDAY: Buffalo Chicken FRIDAY: Dominos ***Daily - Big Daddy's Cheese Pizza*** Fries available Monday, Wednesday and Friday		5/8/2023 Lunch Entrée: Crispy Chicken Breast Glazed Sweet Potatoes Steamed Broccoli Combread	5/9/2023 Lunch Entrée: Soft Beefy Taco Fiesta Rice & Ranchero Pinto Beans Lettuce, Cheese, Tomato, Sour Cream Salsa	5/10/2023 Lunch Entrée:  CHEF'S CHOICE	5/11/2023 Falcon Feast: Popcorn Chicken Mashed Potatoes & Gravy Steam Corn Kernels Dinner Roll with Margarine	5/12/2023 Lunch Entrée: Beef Barbacoa Bowl with Tostitos Chips Cilantro Lime Rice Pico De Gallo Corn on the Cob
Weekly Sandwich - Turkey & Cheese Sandwich						
SANDWICH BAR MONDAY: Cheeseburger Roller TUESDAY: Chef's Choice Sandwich or Entrée WEDNESDAY: Hot Ham & Cheese on a Pretzel Roll THURSDAY: Bacon Cheeseburger FRIDAY: Pizza Cruncher ***Daily - Chicken Sandwich, Cheeseburger, Hot Dog***		5/15/2023 Lunch Entrée: Buffalo Chicken Melt (Buffalo Chicken, Queso and Mozzarella Cheese on Ciabatta Bread) Baked Chips Fresh Vegetable Cup	5/16/2023 Lunch Entrée:  CHEF'S CHOICE	5/17/2023 Lunch Entrée: Corndog Waffle Fries Fresh Broccoli Dunkers	5/18/2023 Lunch Entrée: BBQ Pulled Pork Mac and Cheese Ranch Style Green Beans Cornbread	5/19/2023 Lunch Entrée: Grilled Cheese Tomato Soup Goldfish Crackers
Weekly Sandwich - Italian Wrap						
SALAD BAR Soup served with Salad Bar ONLY Choice of Protein, Lettuce, Assorted Vegetables Fresh Fruit and a Grain ***Fresh Vegetable Bar available***		5/22/2023 Lunch Entrée: Buffalo Chicken Sandwich (Crispy Chicken, Buffalo Sauce, Pepperjack Cheese) French Fries Coleslaw Fresh Vegetable Cup	5/23/2023 Lunch Entrée: Cheese Enchiladas with Sauce Fiesta Rice & Refried Beans Fruit Filled Churro	5/24/2023 Lunch Entrée: Cowboy Burger (Hamburger with Pepperjack Cheese, Crispy onion Rings and BBQ Sauce) Lettuce, Tomato, Pickles Assorted Baked Chips	5/25/2023 Lunch Entrée: Orange Chicken Stir Fry Rice Steamed Broccoli Dumping Potstickers	5/26/2023 Lunch Entrée: Shrimp Poppers and Cornbread Tater Tots Assorted Cheese Stick Corn on the Cob
Weekly Sandwich - Turkey & Cheese Sandwich						
MUFFIN MEAL LINE Whole Grain Pastries or Uncrustables and Protein Options		5/29/2023  MEMORIAL DAY HONORING ALL WHO SERVED	5/30/2023  Lunch Entrée: Doritos Walking Taco Fiesta Black Beans Lettuce, Cheese, Tomato, Sour Cream Salsa and Sour Cream Fruit Filled Churro	5/31/2023 Lunch Entrée: Asian Noodle Bowl Garlic Basil Meatballs in Teriyaki Noodles Stir Fry Vegetables Egg Roll		
Weekly Sandwich - Italian Wrap						
MILK CHOICES: 1% White Milk Fat Free Chocolate Fat Free Strawberry A LA CARTE OPTIONS* Assorted Chips, Fruit Snacks, Assorted Ice Cream, Whole Grain Pastries and Cookies, Assorted 100% Juice Beverages *Student must have money in account to purchase						
CAFE NEWS ONLINE PAYMENTS VIA SKYWARD: https://www.clsd.k12.pa.us/ CASH/CHECK PAYMENTS MAY BE BROUGHT TO YOUR STUDENT'S HOMEROOM TEACHER. PLEASE PUT IN ENVELOPE WITH NAME AND PIN ON FRONT						

Complete a Free or Reduced Meals Application to see if you qualify for free or reduced meals.

The Falcon Meal Deal

Choose **ONE** Entree

- Main Line
- Hot Bar
- Pizza
- Muffin Meal
- Soup & Salad Bar

Choose up to **TWO** Sides of Vegetables

- Fresh Vegetable Bar
- Vegetable Juice
- Main Hot Vegetable

Choose up to **TWO** Sides of Fruit

- Fresh Fruit
- Fruit Cup

Add Your Favorite Milk

Don't Get
 Take at least **ONE** Fruit or Veggie
 And at least **THREE** items total so your meal
 counts as a complete lunch