

**August and September, 2023 High School Lunch Menu**

Breakfast - FREE

Lunch - \$2.95  
Reduced Price Lunch - FREE

Contact the Food Service Office to learn more about Free & Reduced Price School Meals in our District

\*\*\*MENU SUBJECT TO CHANGE\*\*\*

BREAKFAST CORNER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast served DAILY</b> Assorted Hot Sandwiches, Cereal, Yogurt, and Pastries	8/28/2023 <b>Lunch Entrée:</b> BBQ Chicken Sandwich (Grilled Chicken, Cheddar, Bacon, BBQ Sauce, Crispy Onions)	8/29/2023 <b>Lunch Entrée:</b> Doritos Walking Taco Fiesta Rice and Beans Lettuce, Cheese, Tomato, Salsa Sour Cream	8/30/2023 <b>Lunch Entrée:</b> Hot Ham & Cheese on a Pretzel Roll Assorted Baked Chips Rainbow Pasta Salad	8/31/2023 <b>Breakfast for Lunch:</b> Dutch Waffle & Chicken Tenders Tater Tots Paradise Punch	9/1/2023 <b>NO SCHOOL</b>  <b>PROFESSIONAL LEARNING DAY</b>
Monday Eggo Waffle Tuesday Falcon Hash brown Sandwich Wednesday Breakfast Burrito Thursday Falcon Hash brown Sandwich Friday Cinni Mini Breakfast meal choice includes fruit, juice, and milk	Weekly Sub: Ham & Swiss on Ciabatta				
<b>FALCON FAVORITES</b> Pizza Options: MONDAY: Cheese OR Pepperoni TUESDAY: BBQ Chicken WEDNESDAY: Buffalo Chicken THURSDAY: CC's FRIDAY: Dominos French Fries Available Each Day	9/4/2023 	9/5/2023 <b>Build Your Own Burger</b> Start with a Hamburger Choose Bacon &/OR Onion Rings Top with your choice of Cheese, Lettuce, Tomato, Pickles Vegetarian Baked Beans & Curly Fries	9/6/2023 <b>Lunch Entrée:</b> Southwest Chicken Salad (Romaine Lettuce, Cheddar, Corn, Chicken, Tortilla Strips, Black Bean, Avocado) Creamy Enchilada Soup Combread	9/7/2023 <b>Breakfast for Lunch:</b> French Toast with Cheesy Omelet Sausage Links Tater Tots Paradise Punch	9/8/2023 <b>Fish Fry Friday:</b> Crispy Fish Sandwich Potato Wedges Red Cabbage Coleslaw Lettuce, Tomato, Mayo
<b>HOT SANDWICH OF THE DAY</b> MONDAY: Bacon Cheeseburger TUESDAY: BBQ Pulled Pork WEDNESDAY: Chicken Tenders & Combread THURSDAY: Chicken Parm on Garlic Texas Toast FRIDAY: Bacon Cheeseburger	9/11/2023 <b>Lunch Entrée:</b> Chicken Tenders Combread French Fries Ranch Style Green Beans Duck Sauce, Soy Sauce, Siracha	9/12/2023 <b>Lunch Entrée:</b> Greek Rice Bowls (Wild Rice, Seasoned Chicken, Pita Bread) Top with: Feta, Olives, Tomato, Red Onion, Hummus, Tzatziki Sauce	9/13/2023 <b>Lunch Entrée:</b> Turkey BLT on Croissant Chef's Choice Soup Assorted Baked Chips Fresh Vegetable Cup	9/14/2023 <b>Falcon Feast:</b> Popcorn Chicken Mashed Potatoes & Gravy Steam Corn Kernels Dinner Roll with Margarine	9/15/2023 <b>Lunch Entrée:</b> Meatball Marinara Sub Assorted Baked Chips Whole Grain Cookie Fresh Salad with Dressing
Cheeseburger Roller and Hot Dog Offered Daily on Hot Dog Grill Chicken Sandwich and Burgers Offered Daily	Weekly Sub: Ham & Swiss on Ciabatta				
<b>ALTERNATE</b> ***Uncrustables & Pre-Made Salads offered Daily*** Vegetarian Muffin Meals Soup & Salad Bar available to ALL students Assorted Veggies, Protein, Toppings	9/18/2025 <b>Lunch Entrée:</b> Popcorn Chicken Macaroni & Cheese Dinner Roll with Margarine Fresh Salad with Dressing	 9/19/2025 <b>TACO TUESDAY:</b> Burrito Bowl Choice of Beef OR Pork ADD - Rice, Beans, Queso Blanco, Lettuce, Tomato, Corn, Salsa, Cheese Tortilla, Sour Cream	9/20/2025 <b>Lunch Entrée:</b> Chicken Wing Bar: Choice of Sauce Fresh Carrots & Celery Cup Baked Pretzel Ranch OR Blue Cheese Dressing	9/21/2025 <b>Lunch Entrée:</b> Teriyaki Noodle Bowl (Garlic Basil Meatballs with Noodles, Assorted Vegetables in Teriyaki Sauce) Egg Roll Fortune Cookie	9/22/2025 <b>Lunch Entrée:</b> Crispy Chicken Alfredo Garlic Texas Toast Fresh Salad with Dressing
<b>DAILY ACCOMPANIMENTS</b> Milk Choices: 1% White Milk, Fat Free Chocolate, Fat Free Strawberry  Fresh Fruits & Vegetables	9/25/2023 <b>Lunch Entrée:</b> Chicken Tenders Potato & Cheese Casserole Dinner Roll with Margarine Fresh Salad with Dressing	9/26/2023 <b>Lunch Entrée:</b> Hibachi Rice Bowl: Choice of General Tso OR Teriyaki Sauce Over Crispy Chicken Stir Fry Rice and Vegetables Egg Roll	9/27/2023 <b>Lunch Entrée:</b> BBQ Cowboy Burger (Hamburger with Pepper jack Cheese, Crispy Onion Rings and BBQ sauce) Vegetarian Baked Beans Assorted Baked Chips	9/28/2023 <b>Lunch Entrée:</b> Pancakes with Cheesy Omelet Sausage Links Tater Tots Paradise Punch	9/29/2023 <b>Lunch Entrée:</b> Shrimp Poppers & Combread Tater Tots Assorted Cheese Stick Fresh Broccoli Dunkers
100% Fruit Slushie Free with Meal - Friday's only	Weekly Sub: Italian Wrap				

CORNWALL-LEBANON SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

**A LA CARTE OPTIONS\***  
Assorted Chips, Fruit Roll-ups, Fruit Snacks, Chex Mix  
Rice Krispie Treats, Chewy Granola Bars, Pastries  
Assorted Crackers, Ice Cream and Drinks  
\*Student must have money in account to purchase

**CAFE NEWS**  
ONLINE PAYMENTS VIA SKYWARD: <https://www.clsd.k12.pa.us/>

**Complete a Free or Reduced Meals Application to see if you qualify for free or reduced meals.**

**The Falcon Meal Deal**

Choose ONE Entree  
Daily Entrée Special  
Hot Sandwich of the Day  
Soup & Salad Bar  
Falcon Favorite  
Alternate

Choose up to TWO Sides of Vegetables  
Daily Vegetable  
Vegetable Juice  
Main Hot Vegetable

Choose up to TWO Sides of Fruit  
Fresh Fruit  
Fruit Cup  
Add Your Favorite Milk

**Don't Get**  
Take at least ONE Fruit or Veggie,  
And at least THREE items total so your meal  
counts as a complete lunch