

Supervisor of Food & Nutrition Services
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Cornwall-Lebanon School District

MEAL PRICES:

August and September, 2023 Middle School Lunch Menu

Breakfast - FREE

Lunch - \$2.85
Reduced Price Lunch - FREE

Contact the Food Service Office to learn more about Free & Reduced Price School Meals in our District

MENU SUBJECT TO CHANGE

BREAKFAST CORNER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>MONDAY: Eggo French Toast TUESDAY: Bacon, Egg, & Cheese Sandwich WEDNESDAY: Fresh Baked Cinnamon Roll THURSDAY: Sausage, Egg, & Cheese Sandwich FRIDAY: Cinni Mini</p> <p>Daily - Assorted Cereal, Assorted Pastries, and Yogurt Breakfast meal choice includes fruit, juice, and milk</p>	<p>8/28/2023 Lunch Entrée: BBQ Chicken Sandwich (Grilled Chicken, Cheddar, Bacon, BBQ Sauce, Crispy Onions) Lettuce, Tomato, Pickles Potato Wedges</p>	<p>8/29/2023 Lunch Entrée: Doritos Walking Taco Fiesta Rice and Beans Lettuce, Cheese, Tomato, Salsa Sour Cream</p>	<p>8/30/2023 Lunch Entrée: Hot Ham & Cheese on a Pretzel Roll Assorted Baked Chips Rainbow Pasta Salad</p>	<p>8/31/2023 Breakfast for Lunch: Dutch Waffle & Chicken Tenders Tater Tots Paradise Punch</p>	<p>9/1/2023 NO SCHOOL PROFESSIONAL LEARNING DAY</p>	
Weekly Sandwich - Ham & Cheese Sandwich						
<p>PIZZA LINE</p> <p>MONDAY: Big Daddy's Cheese OR Pepperoni TUESDAY: CC's WEDNESDAY: BBQ Chicken OR Buffalo Chicken THURSDAY: Cheese Calzone OR Pepperoni Calzone FRIDAY: Dominos</p>	<p>9/4/2023</p> 	<p>9/5/2023 Build Your Own Burger Start with a Hamburger Choose Bacon &/OR Onion Rings Top with your choice of Cheese, Lettuce, Tomato, Pickles Vegetarian Baked Beans</p>	<p>9/6/2023 Lunch Entrée: Stuffed Cheesy Bread Marinara Sauce Fresh Salad with Dressing **Cookie with Main Line Only**</p>	<p>9/7/2023 Falcon Feast: Popcorn Chicken Mashed Potatoes & Gravy Steam Corn Kernels Dinner Roll with Margarine</p>	<p>9/8/2023 Lunch Entrée: Chicken Tenders Cornbread French Fries Ranch Style Green Beans</p>	
Weekly Sandwich - Turkey & Cheese Sandwich						
<p>SANDWICH BAR</p> <p>MONDAY: Bacon Cheeseburger TUESDAY: Chicken Tenders & Cornbread WEDNESDAY: Pizza Cruncher OR Mozzarella Sticks THURSDAY: Chicken Parm Sandwich FRIDAY: Chef's Choice</p> <p><i>Mon, Wed, Fri - Chicken Patty, Cheeseburger, BBQ Pulled Pork Tues & Thurs - Chicken Patty, Cheeseburger, Hot Dog</i></p>	<p>9/11/2023 Lunch Entrée: Chicken Tenders Potato & Cheese Casserole Dinner Roll with Margarine Fresh Salad with Dressing</p>	<p>9/12/2023 Lunch Entrée: Soft or Hard Shell Beef Taco Ranchero Pinto Beans Lettuce, Cheese, Tomato, Salsa Sour Cream Fruit Filled Churro</p>	<p>9/13/2023 Lunch Entrée: Hibachi Rice Bowl: Choice of General Tso OR Teriyaki Sauce Over Crispy Chicken Stir Fry Rice and Vegetables Egg Roll</p>	<p>9/14/2023 Breakfast for Lunch: French Toast with Cheesy Omelet Sausage Links Tater Tots Paradise Punch</p>	<p>9/15/2023 Fish Fry Friday: Crispy Fish Sandwich Potato Wedges Red Cabbage Coleslaw Lettuce, Tomato, Mayo</p>	
Weekly Sandwich - Italian Wrap						
<p>SALAD BAR</p> <p>Soup served with Salad Bar ONLY Choice of Protein, Lettuce, Assorted Vegetables Fresh Fruit and a Grain</p> <p>***Fresh Vegetable Bar available***</p>	<p>9/18/2025 Lunch Entrée: Popcorn Chicken Dinner Roll with Margarine Buttered Noodles Ranch Style Green Beans</p>	<p>9/19/2025 Lunch Entrée: BBQ Cowboy Burger (Hamburger with Pepper jack Cheese, Crispy Onion Rings and BBQ sauce) Vegetarian Baked Beans Assorted Baked Chips</p>	<p>9/20/2025 Lunch Entrée: Chicken Wing Bar: Choose Buffalo or BBQ Sauce Fresh Carrots & Celery Cup Baked Pretzel Ranch OR Blue Cheese Dressing</p>	<p>9/21/2025 Lunch Entrée: Crispy Chicken Alfredo Garlic Texas Toast Fresh Salad with Dressing</p>	<p>9/22/2025 Lunch Entrée: Philly Cheesesteak Choice of Peppers & Onion, Sauce & Cheese Curly Fries Fresh Broccoli Dunkers</p>	
<p>MUFFIN MEAL LINE</p> <p>Muffin Loaf, Yogurt OR Smoothie, String Cheese Small Uncrustable, Yogurt OR Smoothie, String Cheese</p>	Weekly Sandwich - Turkey & Cheese Sandwich					
<p>MILK CHOICES:</p> <p>1% White Milk Fat Free Chocolate Fat Free Strawberry</p> <p>A LA CARTE OPTIONS* Assorted Chips, Fruit Snacks, Assorted Ice Cream, Whole Grain Pastries and Cookies, Assorted 100% Juice Beverages <i>*Student must have money in account to purchase</i></p>	<p>9/25/2023 Lunch Entrée: Chicken Tenders Macaroni & Cheese Dinner Roll with Margarine Fresh Salad with Dressing</p>	<p>9/26/2023 Lunch Entrée: Chicken & Cheese Quesadilla Fiesta Rice Grilled Corn and Black Bean Salsa Sour Cream</p>	<p>9/27/2023 Lunch Entrée: Turkey BLT on Croissant Chef's Choice Soup Assorted Baked Chips Fresh Vegetable Cup</p>	<p>9/28/2023 Lunch Entrée: Spaghetti & Meatballs Garlic Texas Toast Steamed Broccoli</p>	<p>9/29/2023 Lunch Entrée: Shrimp Poppers & Cornbread Tater Tots Assorted Cheese Stick Fresh Broccoli Dunkers</p>	
Weekly Sandwich - Italian Wrap						
<p>ONLINE PAYMENTS VIA SKYWARD: https://www.clsd.k12.pa.us/</p> <p>CASH/CHECK PAYMENTS MAY BE BROUGHT TO YOUR STUDENT'S HOMEROOM TEACHER. PLEASE PUT IN ENVELOPE WITH NAME AND PIN ON FRONT</p>	<p>The Falcon Meal Deal</p> <p>Choose <u>ONE</u> Entree</p> <p>Main Line Hot Bar Pizza Muffin Meal Soup & Salad Bar</p>				<p>Choose up to <u>TWO</u> Sides of Vegetables</p> <p>Fresh Vegetable Bar Vegetable Juice Main Hot Vegetable</p>	<p>Choose up to <u>TWO</u> Sides of Fruit</p> <p>Fresh Fruit Fruit Cup</p> <p>Add Your Favorite Milk</p>
<p>Complete a Free or Reduced Meals Application to see if you qualify for free or reduced meals.</p>						

Don't Get
Take at least ONE Fruit or Veggie.
And at least THREE items (so your meal counts as a complete lunch)