Supervisor of Food & Nutrition Services Emily Rodriguez, RDN		Cornwall-Lebano	on School District		MEAL PRICES:
717-389-1849   erodriguez@clsd.k12.pa.us Contact the Food Service Office to learn more	October, 2023 High School Lunch Menu ····menu subject to change····				Breakfast - FREE
about Free & Reduced Price School Meals in our District					Lunch - \$2.95 FREE or Reduced students eat free at CLSD
BREAKFAST CORNER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast served DAILY	10/2/2023	10/3/2023	10/4/2023	10/5/2023	10/6/2023
Assorted Hot Sandwiches, Cereal,	Lunch Entrée:	Lunch Entrée:	Lunch Entrée:	Breakfast for Lunch:	Lunch Entrée:
Yogurt, and Pastries	BBQ Chicken Sandwich	Doritos Walking Taco	Hot Ham & Cheese on a Pretzel Roll	Dutch Waffle & Chicken Tenders	Philly Cheesesteak
Monday Eggo Liege Waffle	(Grilled Chicken, Cheddar,	Fiesta Rice and Beans Lettuce, Cheese, Tomato, Salsa	Assorted Baked Chips Rainbow Pasta Salad	Tater Tots	Pepper & Onions
Tuesday         Falcon Hashbrown Sandwich           Wednesday         Breakfast Burrito	Bacon, BBQ Sauce, Crispy Onions) Lettuce, Tomato, Pickles	Sour Cream	Rainbow Pasta Salad	Paradise Punch	Curly Fries Assorted Toppings
Thursday Falcon Hashbrown Sandwich	Potato Wedges	Sour cream			Assorted Toppings
Friday Cinni Mini	i bialo wedges				
Breakfast meal choice includes fruit, juice, and milk			Weekly Sub: Ham & Swiss on Ciabatta		
FALCON FAVORITES	10/9/2023	10/10/2023	10/11/2023	10/12/2023	10/13/2023
Pizza Options:		Build Your Own Burger	Lunch Entrée:	Lunch Entrée:	Fish Fry Friday:
MONDAY: Cheese OR Pepperoni	NO SCHOOL	Start with a Hamburger	Southwest Chicken Salad		Crispy Fish Sandwich
TUESDAY: BBQ Chicken		Choose Bacon &/OR Onion Rings	(Romaine Lettuce, Cheddar, Corn,	Order your Grab 'n Go Lunch	Potato Wedges
WEDNESDAY: Buffalo Chicken	PROFESSIONAL LEARNING DAY	Top with your choice of Cheese,	Chicken, Tortilla Strips, Black Bean, Avocado)	for Falcon Fair	Red Cabbage Coleslaw
THURSDAY: CC's		Lettuce, Tomato, Pickles	Creamy Enchilada Soup		Lettuce, Tomato, Mayo
FRIDAY: Dominos		Vegetarian Baked Beans & Curly Fries	Cornbread		
French Fries Available Each Day			Weekly Sub: Chicken Salad on Croissant		
HOT SANDWICH OF THE DAY	10/16/2023	10/17/2023	10/18/2023	10/19/2023	10/20/2023
MONDAY: Bacon Cheeseburger	Lunch Entrée:	Lunch Entrée:	Lunch Entrée:	Falcon Feast:	Lunch Entrée:
TUESDAY: BBQ Pulled Pork	Chicken Tenders	Greek Rice Bowls	Turkey BLT on Croissant	Popcorn Chicken	Meatball Marinara Sub
WEDNESDAY: Chicken Tenders & Cornbread	Cornbread	(Wild Rice, Seasoned Chicken,	Chef's Choice Soup	Mashed Potatoes & Gravy	Assorted Baked Chips Whole Grain Cookie
THURSDAY: Chicken Parm on Garlic Texas Toast	French Fries	Pita Bread)	Assorted Baked Chips	Steam Corn Kernels Dinner Roll with Margarine	Fresh Salad with Dressing
FRIDAY: Bacon Cheeseburger		Top with: Feta, Olives, Tomato, Red Onion, Hummus, Tzatziki Sauce	Fresh Vegetable Cup	Dinner Roll with Margarine	Fresh Salad with Dressing
		Red Offior, Hummus, Tzatziki Sauce			
Cheeseburger Roller and Hot Dog Offered Daily on Hot Dog Grill					
Cheeseburger Roller and Hot Dog Offered Daily on Hot Dog Grill Chicken Sandwich and Burgers Offered Daily			Weekly Sub: Ham & Swiss on Ciabatta		
	10/23/2023	10/24/2023	Weekly Sub: Ham & Swiss on Ciabatta 10/25/2023	10/26/2023	10/27/2023
Chicken Sandwich and Burgers Offered Daily AL/TERNATE	10/23/2023 Lunch Entrée:	10/24/2023 TACO TUESDAY:		10/26/2023 Lunch Entrée:	10/27/2023 Lunch Entrée:
Chicken Sandwich and Burgers Offered Daily			10/25/2023		
Chicken Sandwich and Burgers Offered Daily AL/TERNATE	Lunch Entrée:	TACO TUESDAY:	10/25/2023 Lunch Entrée:	Lunch Entrée:	Lunch Entrée:
Chicken Sandwich and Burgers Offered Daily AL/TERNATE ***Uncrustables & Pre-Made Salads offered Daily***	Lunch Entrée: Popcorn Chicken	TACO TUESDAY: Burrito Bowls	10/25/2023 Lunch Entrée: Chicken Wing Bar:	Lunch Entrée: Teriyaki Noodle Bowl	Lunch Entrée: Shrimp Poppers & Cornbread
Chicken Sandwich and Burgers Offered Daily AL/TERNATE ***Uncrustables & Pre-Made Salads offered Daily*** Vegetarian Muffin Meals Soup & Salad Bar available to ALL students Assorted Veggies, Protein, Toppings	Lunch Entrée: Popcorn Chicken Macaroni & Cheese	TACO TUESDAY: Burrito Bowls Choice of Chicken OR Pork	10/25/2023 Lunch Entrée: Chicken Wing Bar: Choice of Sauce	<u>Lunch Entrée:</u> Teriyaki Noodle Bowl (Garlic Basil Meatballs with Noodles,	Lunch Entrée: Shrimp Poppers & Combread Tater Tots
Chicken Sandwich and Burgers Offered Daily AL/TERNATE ***Uncrustables & Pre-Made Salads offered Daily*** Vegetarian Muffin Meals Soup & Salad Bar available to ALL students Assorted Veggies, Protein, Toppings	Lunch Entrée: Popcorn Chicken Macaroni & Cheese Dinner Roll with Margarine	TACO TUESDAY: Burrito Bowls Choice of Chicken OR Pork ADD - Rice, Beans, Queso Blanco,	10/25/2023 Lunch Entrée: Chicken Wing Bar: Choice of Sauce Fresh Carrots & Celery Cup	Lunch Entrée: Teriyaki Noodle Bowl (Garlic Basil Meatballs with Noodles, Assorted Vegetables in Teriyaki Sauce)	Lunch Entrée: Shrimp Poppers & Combread Tater Tots Assorted Cheese Stick
Chicken Sandwich and Burgers Offered Daily AL/TERNATE ***Uncrustables & Pre-Made Salads offered Daily*** Vegetarian Muffin Meals Soup & Salad Bar available to ALL students	Lunch Entrée: Popcorn Chicken Macaroni & Cheese Dinner Roll with Margarine	TACO TUESDAY: Burrito Bowls Choice of Chicken OR Pork ADD - Rice, Beans, Queso Blanco, Lettuce, Tomato, Corn, Salsa, Cheese Tortilla, Sour Cream	10/25/2023 Lunch Entrée: Chicken Wing Bar: Choice of Sauce Fresh Carrots & Celery Cup Baked Pretzel	Lunch Entrée: Teriyaki Noodle Bowl (Garlic Basil Meatballs with Noodles, Assorted Vegetables in Teriyaki Sauce) Egg Roll Duck Sauce, Soy Sauce, Siracha	Lunch Entrée: Shrimp Poppers & Combread Tater Tots Assorted Cheese Stick
Chicken Sandwich and Burgers Offered Daily ALITERNATE ***Uncrustables & Pre-Made Salads offered Daily*** Vegetarian Muffin Meals Soup & Salad Bar available to ALL students Assorted Veggies, Protein, Toppings	Lunch Entrée: Popcorn Chicken Macaroni & Cheese Dinner Roll with Margarine	TACO TUESDAY: Burrito Bowls Choice of Chicken OR Pork ADD - Rice, Beans, Queso Blanco, Lettuce, Tomato, Corn, Salsa, Cheese Tortilla, Sour Cream	10/25/2023 Lunch Entrée: Chicken Wing Bar: Choice of Sauce Fresh Carrots & Celery Cup Baked Pretzel Ranch OR Blue Cheese Dressing	Lunch Entrée: Teriyaki Noodle Bowl (Garlic Basil Meatballs with Noodles, Assorted Vegetables in Teriyaki Sauce) Egg Roll Duck Sauce, Soy Sauce, Siracha	Lunch Entrée: Shrimp Poppers & Combread Tater Tots Assorted Cheese Stick
Chicken Sandwich and Burgers Offered Daily ALITERNATE ***Uncrustables & Pre-Made Salads offered Daily*** Wegetarian Muffin Meals Soup & Salad Bar available to ALL students Assorted Veggies, Protein, Toppings	Lunch Entrée: Popcorn Chicken Macaroni & Cheese Dinner Roll with Margarine Ranch Style Green Beans 10/30/2023	Interference         Interference           TACO TUESDAY:         Burrito Bowls           Burrito Bowls         Choice of Chicken OR Pork           ADD - Rice, Beans, Queso Blanco,         Lettuce, Tomato, Corn, Salsa, Cheese           Tortilla, Sour Cream         Tortilla, Sour Cream           10/31/2023         10/31/2023	10/25/2023 Lunch Entrée: Chicken Wing Bar: Choice of Sauce Fresh Carrots & Celery Cup Baked Pretzel Ranch OR Blue Cheese Dressing	Lunch Entrée: Teriyaki Noodle Bowl (Garlic Basil Meatballs with Noodles, Assorted Vegetables in Teriyaki Sauce) Egg Roll Duck Sauce, Soy Sauce, Siracha	Lunch Entrée: Shrimp Poppers & Combread Tater Tots Assorted Cheese Stick
Chicken Sandwich and Burgers Offered Daily ALITERNATE ***Uncrustables & Pre-Made Salads offered Daily*** Wegetarian Muffin Meals Soup & Salad Bar available to ALL students Assorted Veggies, Protein, Toppings	Lunch Entrée: Popcorn Chicken Macaroni & Cheese Dinner Roll with Margarine Ranch Style Green Beans 10/30/2023 Lunch Entrée:	Inconstruction         Inconstruction           Burrito Bowls         Burrito Bowls           Choice of Chicken OR Pork         ADD - Rice, Beans, Queso Blanco,           Lettuce, Tomato, Corn, Salsa, Cheese         Tortilla, Sour Cream           10/31/2023         Lunch Entrée:	10/25/2023 Lunch Entrée: Chicken Wing Bar: Choice of Sauce Fresh Carrots & Celery Cup Baked Pretzel Ranch OR Blue Cheese Dressing	Lunch Entrée: Teriyaki Noodle Bowl (Garlic Basil Meatballs with Noodles, Assorted Vegetables in Teriyaki Sauce) Egg Roll Duck Sauce, Soy Sauce, Siracha	Lunch Entrée: Shrimp Poppers & Combread Tater Tots Assorted Cheese Stick
Chicken Sandwich and Burgers Offered Daily ALITERNATE ***Uncrustables & Pre-Made Salads offered Daily*** Wegetarian Muffin Meals Soup & Salad Bar available to ALL students Assorted Veggies, Protein, Toppings	Lunch Entrée: Popcorn Chicken Macaroni & Cheese Dinner Roll with Margarine Ranch Style Green Beans 10/30/2023 Lunch Entrée: Hibachi Rice Bowl:	IACO TUESDAY: Burrito Bowls           Choice of Chicken OR Pork           ADD - Rice, Beans, Queso Blanco,           Lettuce, Tomato, Corn, Salsa, Cheese           Tortilla, Sour Cream           10/31/2023           Lunch Entrée: Mummy Fingers	10/25/2023 Lunch Entrée: Chicken Wing Bar: Choice of Sauce Fresh Carrots & Celery Cup Baked Pretzel Ranch OR Blue Cheese Dressing	Lunch Entrée: Teriyaki Noodle Bowl (Garlic Basil Meatballs with Noodles, Assorted Vegetables in Teriyaki Sauce) Egg Roll Duck Sauce, Soy Sauce, Siracha	Lunch Entrée: Shrimp Poppers & Combread Tater Tots Assorted Cheese Stick
Chicken Sandwich and Burgers Offered Daily ALITERNATE ***Uncrustables & Pre-Made Salads offered Daily*** Wegetarian Muffin Meals Soup & Salad Bar available to ALL students Assorted Veggies, Protein, Toppings	Lunch Entrée: Popcorn Chicken Macaroni & Cheese Dinner Roll with Margarine Ranch Style Green Beans 10/30/2023 Lunch Entrée: Hibachi Rice Bowl: Choice of General Tso OR	Interference           TACO TUESDAY:           Burrito Bowls           Choice of Chicken OR Pork           ADD - Rice, Beans, Queso Blanco,           Lettuce, Tomato, Corn, Salsa, Cheese           Tortilla, Sour Cream           10/31/2023           Lunch Entrée:           Mummy Fingers           Mashed Boo-taters & Graveyard Gravy	10/25/2023 Lunch Entrée: Chicken Wing Bar: Choice of Sauce Fresh Carrots & Celery Cup Baked Pretzel Ranch OR Blue Cheese Dressing	Lunch Entrée: Teriyaki Noodle Bowl (Garlic Basil Meatballs with Noodles, Assorted Vegetables in Teriyaki Sauce) Egg Roll Duck Sauce, Soy Sauce, Siracha	Lunch Entrée: Shrimp Poppers & Combread Tater Tots Assorted Cheese Stick
Chicken Sandwich and Burgers Offered Daily ALTERNATE ***Uncrustables & Pre-Made Salads offered Daily** Wegetarian Muffin Meals Soup & Salad Bar available to ALL students Assorted Veggies, Protein, Toppings Coord	Lunch Entrée: Popcorn Chicken Macaroni & Cheese Dinner Roll with Margarine Ranch Style Green Beans 10/30/2023 Lunch Entrée: Hibachi Rice Bowl: Choice of General Tso OR Teriyaki Sauce	Interference           TACO TUESDAY: Burrito Bowls           Burrito Bowls           Choice of Chicken OR Pork           ADD - Rice, Beans, Queso Blanco,           Lettuce, Tomato, Corn, Salsa, Cheese           Tortilla, Sour Cream           10/31/2023           Lunch Entrée: Murmy Fingers           Mashed Boo-taters & Graveyard Gravy Ghostly Green Beans	10/25/2023 Lunch Entrée: Chicken Wing Bar: Choice of Sauce Fresh Carrots & Celery Cup Baked Pretzel Ranch OR Blue Cheese Dressing	Lunch Entrée: Teriyaki Noodle Bowl (Garlic Basil Meatballs with Noodles, Assorted Vegetables in Teriyaki Sauce) Egg Roll Duck Sauce, Soy Sauce, Siracha	Lunch Entrée: Shrimp Poppers & Combread Tater Tots Assorted Cheese Stick
Chicken Sandwich and Burgers Offered Daily ALITERNATE ***Uncrustables & Pre-Made Salads offered Daily*** Wegetarian Muffin Meals Soup & Salad Bar available to ALL students Assorted Veggies, Protein, Toppings	Lunch Entrée: Popcorn Chicken Macaroni & Cheese Dinner Roll with Margarine Ranch Style Green Beans 10/30/2023 Lunch Entrée: Hibachi Rice Bowl: Choice of General Tso OR Teriyaki Sauce Over Crispy Chicken	Interference           TACO TUESDAY:           Burrito Bowls           Choice of Chicken OR Pork           ADD - Rice, Beans, Queso Blanco,           Lettuce, Tomato, Corn, Salsa, Cheese           Tortilla, Sour Cream           10/31/2023           Lunch Entrée:           Mummy Fingers           Mashed Boo-taters & Graveyard Gravy	10/25/2023 Lunch Entrée: Chicken Wing Bar: Choice of Sauce Fresh Carrots & Celery Cup Baked Pretzel Ranch OR Blue Cheese Dressing	Lunch Entrée: Teriyaki Noodle Bowl (Garlic Basil Meatballs with Noodles, Assorted Vegetables in Teriyaki Sauce) Egg Roll Duck Sauce, Soy Sauce, Siracha	Lunch Entrée: Shrimp Poppers & Combread Tater Tots Assorted Cheese Stick
Chicken Sandwich and Burgers Offered Daily ALTERNATE ***Uncrustables & Pre-Made Salads offered Daily** Wegetarian Muffin Meals Soup & Salad Bar available to ALL students Assorted Veggies, Protein, Toppings Coord	Lunch Entrée: Popcorn Chicken Macaroni & Cheese Dinner Roll with Margarine Ranch Style Green Beans 10/30/2023 Lunch Entrée: Hibachi Rice Bowl: Choice of General Tso OR Teriyaki Sauce	Interference           TACO TUESDAY: Burrito Bowls           Burrito Bowls           Choice of Chicken OR Pork           ADD - Rice, Beans, Queso Blanco,           Lettuce, Tomato, Corn, Salsa, Cheese           Tortilla, Sour Cream           10/31/2023           Lunch Entrée: Murmy Fingers           Mashed Boo-taters & Graveyard Gravy Ghostly Green Beans	10/25/2023 Lunch Entrée: Chicken Wing Bar: Choice of Sauce Fresh Carrots & Celery Cup Baked Pretzel Ranch OR Blue Cheese Dressing	Lunch Entrée: Teriyaki Noodle Bowl (Garlic Basil Meatballs with Noodles, Assorted Vegetables in Teriyaki Sauce) Egg Roll Duck Sauce, Soy Sauce, Siracha	Lunch Entrée: Shrimp Poppers & Combread Tater Tots Assorted Cheese Stick
Chicken Sandwich and Burgers Offered Daily ALTERNATE ***Uncrustables & Pre-Made Salads offered Daily*** Uegetarian Muffin Meals Soup & Salad Bar available to ALL students Assorted Veggies, Protein, Topping **** ******************************	Lunch Entrée: Popcorn Chicken Macaroni & Cheese Dinner Roll with Margarine Ranch Style Green Beans 10/30/2023 Lunch Entrée: Hibachi Rice Bowl: Choice of General Tso OR Teriyaki Sauce Over Crispy Chicken Stir Fry Rice and Vegetables	IACO TUESDAY: Burrito Bowls         Burrito Bowls         Choice of Chicken OR Pork         ADD - Rice, Beans, Queso Blanco,         Lettuce, Tomato, Corn, Salsa, Cheese         Tortilla, Sour Cream         10/31/2023         Lunch Entrée:         Mummy Fingers         Mashed Boo-taters & Graveyard Gravy         Ghostly Green Beans         Witches Roll & Lard         **Free Ice Cream**	10/25/2023 Lunch Entrée: Chicken Wing Bar: Choice of Sauce Fresh Carrots & Celery Cup Baked Pretzel Ranch OR Blue Cheese Dressing Weekly Sub: Turkey & Cheddar on Ciabatta Weekly Sub: Turkey & Cheddar on Ciabatta	Lunch Entrée: Teriyaki Noodle Bowl (Garlic Basil Meatballs with Noodles, Assorted Vegetables in Teriyaki Sauce) Egg Roll Duck Sauce, Soy Sauce, Siracha	Lunch Entrée: Shrimp Poppers & Combread Tater Tots Assorted Cheese Stick
Chicken Sandwich and Burgers Offered Daily ALTERNATE ***Uncrustables & Pre-Made Salads offered Daily** Wegetarian Muffin Meals Soup & Salad Bar available to ALL students Assorted Veggies, Protein, Toppings ************************************	Lunch Entrée: Popcorn Chicken Macaroni & Cheese Dinner Roll with Margarine Ranch Style Green Beans 10/30/2023 Lunch Entrée: Hibachi Rice Bowl: Choice of General Tso OR Teriyaki Sauce Over Crispy Chicken Stir Fry Rice and Vegetables	IACO TUESDAY: Burrito Bowls         Burrito Bowls         Choice of Chicken OR Pork         ADD - Rice, Beans, Queso Blanco,         Lettuce, Tomato, Corn, Salsa, Cheese         Tortilla, Sour Cream         10/31/2023         Lunch Entrée:         Mummy Fingers         Mashed Boo-taters & Graveyard Gravy         Ghostly Green Beans         Witches Roll & Lard         **Free Ice Cream**	10/25/2023 Lunch Entrée: Chicken Wing Bar: Choice of Sauce Fresh Carrots & Celery Cup Baked Pretzel Ranch OR Blue Cheese Dressing Weekly Sub: Turkey & Cheddar on Ciabatta	Lunch Entrée: Teriyaki Noodle Bowl (Garlic Basil Meatballs with Noodles, Assorted Vegetables in Teriyaki Sauce) Egg Roll Duck Sauce, Soy Sauce, Siracha	Lunch Entrée: Shrimp Poppers & Combread Tater Tots Assorted Cheese Stick
Chicken Sandwich and Burgers Offered Daily ALITERNATE ***Uncrustables & Pre-Made Salads offered Daily*** Wegetarian Muffin Meals Soup & Salad Bar available to ALL students Assorted Veggies, Protein, Toppings <b>DAILY ACCOMPANIMENTS</b> Milk Choices: 1% White Milk, Fat Free Chocolate, Fat Free Strawberry Fresh Fruits & Vegetables 100% Fruit Slushie Free with Meal - Friday's only Assorted Chips, Fruit Roll-ups, Fruit Snacks, Chex Mix	Lunch Entrée: Popcorn Chicken Macaroni & Cheese Dinner Roll with Margarine Ranch Style Green Beans 10/30/2023 Lunch Entrée: Hibachi Rice Bowl: Choice of General Tso OR Teriyaki Sauce Over Crispy Chicken Stir Fry Rice and Vegetables	IACO TUESDAY: Burrito Bowls         Burrito Bowls         Choice of Chicken OR Pork         ADD - Rice, Beans, Queso Blanco,         Lettuce, Tomato, Corn, Salsa, Cheese         Tortilla, Sour Cream         10/31/2023         Lunch Entrée: Mummy Fingers         Mashed Boo-taters & Graveyard Gravy         Ghostly Green Beans         Witches Roll & Lard         **Free Ice Cream**	10/25/2023 Lunch Entrée: Chicken Wing Bar: Choice of Sauce Fresh Carrots & Celery Cup Baked Pretzel Ranch OR Blue Cheese Dressing Weekly Sub: Turkey & Cheddar on Ciabatta Weekly Sub: Turkey & Cheddar on Ciabatta Checkly Sub: Italian Wrap CHOOL DISTRICT IS AN EQUAL OPPORTUNITY PR	Lunch Entrée: Teriyaki Noodle Bowl (Garlic Basil Meatballs with Noodles, Assorted Vegetables in Teriyaki Sauce) Egg Roll Duck Sauce, Soy Sauce, Siracha	Lunch Entrée: Shrimp Poppers & Cornbread Tater Tots Assorted Cheese Stick
Chicken Sandwich and Burgers Offered Daily ALITERNATE ***Uncrustables & Pre-Made Salads offered Daily*** Wegetarian Muffin Meals Soup & Salad Bar available to ALL students Assorted Veggies, Protein, Toppings ************************************	Lunch Entrée: Popcorn Chicken Macaroni & Cheese Dinner Roll with Margarine Ranch Style Green Beans 10/30/2023 Lunch Entrée: Hibachi Rice Bowl: Choice of General Tso OR Teriyaki Sauce Over Crispy Chicken Stir Fry Rice and Vegetables	IACO TUESDAY: Burrito Bowls         Burrito Bowls         Choice of Chicken OR Pork         ADD - Rice, Beans, Queso Blanco,         Lettuce, Tomato, Corn, Salsa, Cheese         Tortilla, Sour Cream         10/31/2023         Lunch Entrée: Mummy Fingers         Mashed Boo-taters & Graveyard Gravy         Ghostly Green Beans         Witches Roll & Lard         **Free Ice Cream**	10/25/2023 Lunch Entrée: Chicken Wing Bar: Choice of Sauce Fresh Carrots & Celery Cup Baked Pretzel Ranch OR Blue Cheese Dressing Weekly Sub: Turkey & Cheddar on Ciabatta Weekly Sub: Turkey & Cheddar on Ciabatta Checkly Sub: Italian Wrap CHOOL DISTRICT IS AN EQUAL OPPORTUNITY PR	Lunch Entrée: Teriyaki Noodle Bowl (Garlic Basil Meatballs with Noodles, Assorted Vegetables in Teriyaki Sauce) Egg Roll Duck Sauce, Soy Sauce, Siracha	Lunch Entrée: Shrimp Poppers & Cornbread Tater Tots Assorted Cheese Stick
Chicken Sandwich and Burgers Offered Daily ALITERNATE ***Uncrustables & Pre-Made Salads offered Daily*** Wegetarian Muffin Meals Soup & Salad Bar available to ALL students Assorted Veggies, Protein, Toppings <b>DAILY ACCOMPANIMENTS</b> Milk Choices: 1% White Milk, Fat Free Chocolate, Fat Free Strawberry Fresh Fruits & Vegetables 100% Fruit Slushie Free with Meal - Friday's only Assorted Chips, Fruit Roll-ups, Fruit Snacks, Chex Mix	Lunch Entrée: Popcorn Chicken Macaroni & Cheese Dinner Roll with Margarine Ranch Style Green Beans 10/30/2023 Lunch Entrée: Hibachi Rice Bowl: Choice of General Tso OR Teriyaki Sauce Over Crispy Chicken Stir Fry Rice and Vegetables Egg Roll	ICC TUESDAY: Burrito Bowls Choice of Chicken OR Pork ADD - Rice, Beans, Queso Blanco, Lettuce, Tomato, Corn, Salsa, Cheese Tortilla, Sour Cream 10/31/2023 Lunch Entrée: Mummy Fingers Mashed Boo-taters & Graveyard Gravy Ghostly Green Beans Witches Roll & Lard **Free Ice Cream**	10/25/2023 Lunch Entrée: Chicken Wing Bar: Choice of Sauce Fresh Carrots & Celery Cup Baked Pretzel Ranch OR Blue Cheese Dressing Weekly Sub: Turkey & Cheddar on Ciabatta Weekly Sub: Turkey & Cheddar on Ciabatta Weekly Sub: Italian Wrap CHOOL DISTRICT IS AN EQUAL OPPORTUNITY PR	Lunch Entrée: Teriyaki Noodle Bowl (Gartic Basil Meatballs with Noodles, Assorted Vegetables in Teriyaki Sauce) Egg Roll Duck Sauce, Soy Sauce, Siracha	Lunch Entrée: Shrimp Poppers & Combread Tater Tots Assorted Cheese Stick Fresh Broccoli Dunkers
Chicken Sandwich and Burgers Offered Daily ALITERNATE ***Uncrustables & Pre-Made Salads offered Daily*** Wegetarian Muffin Meals Soup & Salad Bar available to ALL students Assorted Veggies, Protein, Toppings ************************************	Lunch Entrée: Popcorn Chicken Macaroni & Cheese Dinner Roll with Margarine Ranch Style Green Beans 10/30/2023 Lunch Entrée: Hibachi Rice Bowl: Choice of General Tso OR Teriyaki Sauce Over Crispy Chicken Stir Fry Rice and Vegetables	ICC TUESDAY: Burrito Bowls Choice of Chicken OR Pork ADD - Rice, Beans, Queso Blanco, Lettuce, Tomato, Corn, Salsa, Cheese Tortilla, Sour Cream 10/31/2023 Lunch Entrée: Mummy Fingers Mashed Boo-taters & Graveyard Gravy Ghostly Green Beans Witches Roll & Lard **Free Ice Cream**	10/25/2023 Lunch Entrée: Chicken Wing Bar: Choice of Sauce Fresh Carrots & Celery Cup Baked Pretzel Ranch OR Blue Cheese Dressing Weekly Sub: Turkey & Cheddar on Ciabatta Weekly Sub: Turkey & Cheddar on Ciabatta Checkly Sub: Italian Wrap CHOOL DISTRICT IS AN EQUAL OPPORTUNITY PR	Lunch Entrée: Teriyaki Noodle Bowl (Garlic Basil Meatballs with Noodles, Assorted Vegetables in Teriyaki Sauce) Egg Roll Duck Sauce, Soy Sauce, Siracha	Lunch Entrée: Shrimp Poppers & Cornbread Tater Tots Assorted Cheese Stick Fresh Broccoli Dunkers
Chicken Sandwich and Burgers Offered Daily ALITERNATE ***Uncrustables & Pre-Made Salads offered Daily*** Uegetarian Muffin Meals Soup & Salad Bar available to ALL students Assorted Veggies, Protein, Toppings Construction Const	Lunch Entrée: Popcorn Chicken Macaroni & Cheese Dinner Roll with Margarine Ranch Style Green Beans 10/30/2023 Lunch Entrée: Hibachi Rice Bowl: Choice of General Tso OR Teriyaki Sauce Over Crispy Chicken Stir Fry Rice and Vegetables Egg Roll Choose ONE Daily Entrée	IACO TUESDAY: Burrito Bowls         Burrito Bowls       Choice of Chicken OR Pork         ADD - Rice, Beans, Queso Blanco,       Lettuce, Tomato, Corn, Salsa, Cheese         Tortilla, Sour Cream       Tortilla, Sour Cream         10/31/2023       Lunch Entrée: Mummy Fingers         Mashed Boo-taters & Graveyard Gravy Ghostly Green Beans Witches Roll & Lard         **Free Ice Cream**         CORNWALL-LEBANON S         Entree       Choose         Special	10/25/2023 Lunch Entrée: Chicken Wing Bar: Choice of Sauce Fresh Carrots & Celery Cup Baked Pretzel Ranch OR Blue Cheese Dressing Weekly Sub: Turkey & Cheddar on Ciabatta Weekly Sub: Turkey & Cheddar on Ciabatta Weekly Sub: Italian Wrap CHOOL DISTRICT IS AN EQUAL OPPORTUNITY PR	Lunch Entrée: Teriyaki Noodle Bowl (Gariic Basil Meatballs with Noodles, Assorted Vegetables in Teriyaki Sauce) Egg Roll Duck Sauce, Soy Sauce, Siracha	Lunch Entrée: Shrimp Poppers & Cornbread Tater Tots Assorted Cheese Stick Fresh Broccoli Dunkers
Chicken Sandwich and Burgers Offered Daily ALTERNATE ***Uncrustables & Pre-Made Salads offered Daily*** Uegetarian Muffin Meals Soup & Salad Bar available to ALL students Assorted Veggies, Protein, Toppings Construction Constr	Lunch Entrée: Popcorn Chicken Macaroni & Cheese Dinner Roll with Margarine Ranch Style Green Beans 10/30/2023 Lunch Entrée: Hibachi Rice Bowl: Choice of General Tso OR Teriyaki Sauce Over Crispy Chicken Stir Fry Rice and Vegetables Egg Roll Choose ONE Daily Entrée Hot Sandwich of	IACO TUESDAY: Burrito Bowls         Burrito Bowls       Choice of Chicken OR Pork         ADD - Rice, Beans, Queso Blanco,       Lettuce, Tomato, Corn, Salsa, Cheese         Tortilla, Sour Cream       Tortilla, Sour Cream         10/31/2023       Lunch Entrée: Mummy Fingers         Mashed Boo-taters & Graveyard Gravy Ghostly Green Beans Witches Roll & Lard         **Free Ice Cream**         CORNWALL-LEBANON S         Entree       Choos         Special of the Day       Torte Fate	10/25/2023 Lunch Entrée: Chicken Wing Bar: Choice of Sauce Fresh Carrots & Celery Cup Baked Pretzel Ranch OR Blue Cheese Dressing Weekly Sub: Turkey & Cheddar on Ciabatta Weekly Sub: Turkey & Cheddar on Ciabatta CHOOL DISTRICT IS AN EQUAL OPPORTUNITY PR ICON Meal Deal e up to TWO Sides of Vegetables Daily Vegetable Vegetable Juice	Lunch Entrée: Teriyaki Noodle Bowl (Garlic Basil Meatballs with Noodles, Assorted Vegetables in Teriyaki Sauce) Egg Roll Duck Sauce, Soy Sauce, Siracha Duck Sauce, Soy Sauce, Siracha	Lunch Entrée: Shrimp Poppers & Cornbread Tater Tots Assorted Cheese Stick Fresh Broccoli Dunkers
Chicken Sandwich and Burgers Offered Daily ALTERNATE **Uncrustables & Pre-Made Salads offered Daily** Uegetarian Muffin Meals Soup & Salad Bar available to ALL students Coord Source Veggies, Protein, Topping Coord COORDED COORDED COORDED COORDED COORDED Milk Choices: Milk Choices: Milk Choices: Milk Choices: Cresh Fruits & Vegetables Stored Kriuts Slushie Free with Meal - Friday's only Coord Chips, Fruit Roll-ups, Fruit Snacks, Chex Mix Rice Krispie Treats, Chew Granola Bars, Pastries Assorted Crackers, Ice Cream and Drinks "student must have money in account to purchase CAFÉ NEWS	Lunch Entrée: Popcorn Chicken Macaroni & Cheese Dinner Roll with Margarine Ranch Style Green Beans 10/30/2023 Lunch Entrée: Hibachi Rice Bowl: Choice of General Tso OR Teriyaki Sauce Over Crispy Chicken Stir Fry Rice and Vegetables Egg Roll Choose ONE Daily Entrée Hot Sandwich of Soup & Sali	IACO TUESDAY: Burrito Bowls         Burrito Bowls       Choice of Chicken OR Pork         ADD - Rice, Beans, Queso Blanco,       Lettuce, Tomato, Corn, Salsa, Cheese         Tortilla, Sour Cream       10/31/2023         Lunch Entrée: Mummy Fingers       Mummy Fingers         Mashed Boo-taters & Graveyard Gravy Ghostly Green Beans Witches Roll & Lard       **Free Ice Cream**         CORNWALL-LEBANON S       Choos         Special of the Day ad Bar       Total	10/25/2023 Lunch Entrée: Chicken Wing Bar: Choice of Sauce Fresh Carrots & Celery Cup Baked Pretzel Ranch OR Blue Cheese Dressing Weekly Sub: Turkey & Cheddar on Ciabatta Weekly Sub: Turkey & Cheddar on Ciabatta Weekly Sub: Italian Wrap CHOOL DISTRICTIS AN EQUAL OPPORTUNITY PR ICON Meal Deal e up to TWO Sides of Vegetables Daily Vegetable	Lunch Entrée: Teriyaki Noodle Bowl (Garlic Basil Meatballs with Noodles, Assorted Vegetables in Teriyaki Sauce) Egg Roll Duck Sauce, Soy Sauce, Siracha Duck Sauce, Soy Sauce, Siracha Choose up to <u>TWO</u> Side Fresh Fruit Fruit Cup	Lunch Entrée: Shrimp Poppers & Combread Tater Tots Assorted Cheese Stick Fresh Broccoli Dunkers
Chicken Sandwich and Burgers Offered Daily ALTERNATE ***Uncrustables & Pre-Made Salads offered Daily*** Vegetarian Muffin Meals Soup & Salad Bar available to ALL students Assorted Veggies, Protein, Topping **** ******************************	Lunch Entrée: Popcorn Chicken Macaroni & Cheese Dinner Roll with Margarine Ranch Style Green Beans 10/30/2023 Lunch Entrée: Hibachi Rice Bowl: Choice of General Tso OR Teriyaki Sauce Over Crispy Chicken Stir Fry Rice and Vegetables Egg Roll Choose ONE Daily Entrée Hot Sandwich Soup & Sali Falcon Fai	IACO TUESDAY: Burrito Bowls         Burrito Bowls       Choice of Chicken OR Pork         ADD - Rice, Beans, Queso Blanco,       Lettuce, Tomato, Corn, Salsa, Cheese         Tortilla, Sour Cream       Tortilla, Sour Cream         10/31/2023       Lunch Entrée: Mummy Fingers         Mashed Boo-taters & Graveyard Gravy Ghostly Green Beans       Witches Roll & Lard         **Free Ice Cream**       CORNWALL-LEBANON S         Consumal Liebanon S         Entree       Choos         Special of the Day ad Bar       Torte Fa	10/25/2023 Lunch Entrée: Chicken Wing Bar: Choice of Sauce Fresh Carrots & Celery Cup Baked Pretzel Ranch OR Blue Cheese Dressing Weekly Sub: Turkey & Cheddar on Ciabatta Weekly Sub: Turkey & Cheddar on Ciabatta CHOOL DISTRICT IS AN EQUAL OPPORTUNITY PR ICON Meal Deal e up to TWO Sides of Vegetables Daily Vegetable Vegetable Juice	Lunch Entrée: Teriyaki Noodle Bowl (Gariic Basil Meatballs with Noodles, Assorted Vegetables in Teriyaki Sauce) Egg Roll Duck Sauce, Soy Sauce, Siracha Duck Sauce, Soy Sauce, Siracha Sovider AND EMPLOYER.	Lunch Entrée: Shrimp Poppers & Combread Tater Tots Assorted Cheese Stick Fresh Broccoli Dunkers
Chicken Sandwich and Burgers Offered Daily ALTERNATE  ***Uncrustables & Pre-Made Salads offered Daily*** Uegetarian Muffin Meals Soup & Salad Bar available to ALL students Soup & Salad Bar available to ALL students Assorted Veggies, Protein, Toppings COMPARIMENTS VIA SKYWARD: https://www.clsd.k12.pa.us/	Lunch Entrée: Popcorn Chicken Macaroni & Cheese Dinner Roll with Margarine Ranch Style Green Beans 10/30/2023 Lunch Entrée: Hibachi Rice Bowl: Choice of General Tso OR Teriyaki Sauce Over Crispy Chicken Stir Fry Rice and Vegetables Egg Roll Choose ONE Daily Entrée Hot Sandwich of Soup & Sali	IACO TUESDAY: Burrito Bowls         Burrito Bowls       Choice of Chicken OR Pork         ADD - Rice, Beans, Queso Blanco,       Lettuce, Tomato, Corn, Salsa, Cheese         Tortilla, Sour Cream       Tortilla, Sour Cream         10/31/2023       Lunch Entrée: Mummy Fingers         Mashed Boo-taters & Graveyard Gravy Ghostly Green Beans       Witches Roll & Lard         **Free Ice Cream**       CORNWALL-LEBANON S         Consumal Liebanon S         Entree       Choos         Special of the Day ad Bar       Torte Fa	10/25/2023 Lunch Entrée: Chicken Wing Bar: Choice of Sauce Fresh Carrots & Celery Cup Baked Pretzel Ranch OR Blue Cheese Dressing Weekly Sub: Turkey & Cheddar on Ciabatta Weekly Sub: Turkey & Cheddar on Ciabatta CHOOL DISTRICT IS AN EQUAL OPPORTUNITY PR ICON Meal Deal e up to TWO Sides of Vegetables Daily Vegetable Vegetable Juice	Lunch Entrée: Teriyaki Noodle Bowl (Garlic Basil Meatballs with Noodles, Assorted Vegetables in Teriyaki Sauce) Egg Roll Duck Sauce, Soy Sauce, Siracha Duck Sauce, Soy Sauce, Siracha Choose up to <u>TWO</u> Side Fresh Fruit Fruit Cup	Lunch Entrée: Shrimp Poppers & Combread Tater Tots Assorted Cheese Stick Fresh Broccoli Dunkers