Supervisor of Food & Nutrition Services Emily Rodriguez, RDN 717-389-1849 | erodriguez@clsd.k12.pa.us

Contact the Food Service Office to learn more about Free & Reduced Price School Meals in our District **Cornwall-Lebanon School District** 

November, 2023 High School Lunch Menu

\*\*\*MENU SUBJECT TO CHANGE\*\*\*

**MEAL PRICES:** 

Breakfast - FREE

Lunch - \$2.95 Reduced Price Lunch - \$.40

Reduced Price Lunch - \$-50						
	BREAKFAST CORNER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Breakfast served DAILY			11/1/2023	11/2/2023	11/3/2023
	Assorted Hot Sandwiches, Cereal,			Lunch Entrée:	Lunch Entrée:	
	Yogurt, and Pastries			BBQ Cowboy Burger	Pancakes with Cheesy Omelet	NO SCHOOL
Monday	Eggo Liege Waffle			(Hamburger with Pepperjack Cheese,	Sausage Links	
Tuesday	Falcon Hashbrown Sandwich			Crispy Onion Rings and BBQ sauce)	Tater Tots	PROFESSIONAL LEARNING DAY
Wednesday	Breakfast Burrito			Vegeterian Baked Beans	Paradise Punch	
Thursday	Falcon Hashbrown Sandwich			Assorted Baked Chips		
Friday	Cinni Mini			·		
Breakfast meal choice includes fruit, juice, and milk				Weekly Sub: Ham & Swiss on Ciabatta		
FALCON FAVORITES		11/6/2023	11/7/2023	11/8/2023	11/9/2023	11/10/2023
	Pizza Options:	Lunch Entrée:	Doritos Lunch Entrée:	Lunch Entrée:	Breakfast for Lunch:	Lunch Entrée:
MONDAY:	Cheese OR Pepperoni	BBQ Chicken Sandwich	Doritos Walking Taco	Hot Ham & Cheese on a Pretzel Roll	Dutch Waffle & Chicken Tenders	Philly Cheesesteak
TUESDAY:	BBQ Chicken	(Grilled Chicken, Cheddar,	Fiesta Rice and Beans	Assorted Baked Chips	Tater Tots	Pepper & Onions
WEDNESDA	91.77	Bacon, BBQ Sauce, Crispy Onions)	Lettuce, Cheese, Tomato, Salsa	Rainbow Pasta Salad	Paradise Punch	Curly Fries
THURSDAY:		Lettuce, Tomato, Pickles	Sour Cream			Assorted Toppings
FRIDAY:	Dominos	Potato Wedges	Oddi Ordani			Assorted Toppings
French Fries Available Each Day		1 State 11 Suges		Weekly Sub: Chicken Salad on Croissant		
HOT SANDWICH OF THE DAY		11/13/2023	11/14/2023	11/15/2023	11/16/2023	11/17/2023
		Lunch Entrée:	Build Your Own Burger	Lunch Entrée:	Thanksgiving Feast	Fish Fry Friday:
MONDAY:	Bacon Cheeseburger	Popcorn Chicken	Start with a Hamburger	Southwest Chicken Salad	Turkey Breast	Crispy Fish Sandwich
TUESDAY:	BBQ Pulled Pork	Dinner Roll with Margarine	Choose Bacon &/OR Onion Rings	(Romaine Lettuce, Cheddar, Corn,	Mashed Potatoes & Gravy	Potato Wedges
WEDNESDAY	-	Buttered Noodles	Top with your choice of Cheese,	Chicken, Tortilla Strips, Black Bean, Avocado)	Green Beans	Red Cabbage Coleslaw
THURSDAY:	Chicken Parm on Garlic Texas Toast	Ranch Style Green Beans	Lettuce, Tomato, Pickles	Creamy Enchilada Soup	Cranberry Sauce	Lettuce, Tomato, Mayo
FRIDAY:	Bacon Cheeseburger		Vegeterian Baked Beans & Curly Fries	Cornbread	***Free Holiday Cookie***	,,,
Cheeseburger Roller and Hot Dog Offered Daily on Hot Dog Grill			"3""			
Chicken Sandwich and Burgers Offered Daily				Weekly Sub: Ham & Swiss on Ciabatta		
	ALTERNATE	11/20/2023	11/21/2023	11/22/2023	11/23/2023	11/24/2023
		<u>Lunch Entrée:</u>	<u>Lunch Entrée:</u>			
***Uncru	ustables & Pre-Made Salads offered Daily***	Chicken Tenders	Greek Rice Bowls	The same of the sa	HOMOZI	
	Vegetarian Muffin Meals	Cornbread	(Wild Rice, Seasoned Chicken,		ILUDDU	
Sou	p & Salad Bar available to ALL students	French Fries	Pita Bread)			
Assorted Veggies, Protein, Toppings		Ranch Style Green Beans	Top with: Feta, Olives, Tomato,	Thomas	n ka arin	TOO
	Tioositos Toggios, Frotom, Toppingo	·	l ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' '			
		Chicken Tenders Combread French Fries Ranch Style Green Beans Duck Sauce, Soy Sauce, Siracha Weekly Sub: Turkey & Cheddar on Ciabatta				1129
D.A	ALLY ACCOMPANIMENTS	11/27/2023	11/28/2023	11/29/2023	11/30/2023	
1	Milk Choices:		TACO TUESDAY:	<u>Lunch Entrée:</u>	Lunch Entrée:	
1% White	e Milk, Fat Free Chocolate, Fat Free Strawberry	NO SCHOOL	Burrito Bowls	Chicken Wing Bar:	Teriyaki Noodle Bowl	
	,		Choice of Chicken OR Pork	Choice of Sauce	(Garlic Basil Meatballs with Noodles,	
		THANKSGIVING VACATION	ADD - Rice, Beans, Queso Blanco,	Fresh Carrots & Celery Cup	Assorted Vegetables in Teriyaki Sauce)	
	Fresh Fruits & Vegetables		Lettuce, Tomato, Corn, Salsa, Cheese	Baked Pretzel	Egg Roll	
			Tortilla, Sour Cream	Ranch OR Blue Cheese Dressing	Fortune Cookie	
100% Fruit Slushie Free with Meal - Friday's only						
		Weekly Sub: Italian Wrap				
A LA CARTE OPTIONS*		CORNWALL-LEBANON SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.				
Assorted Chips, Fruit Roll-ups, Fruit Snacks, Chex Mix		54 <del></del>				4 8
Rice Krispie Treats, Chewy Granola Bars, Pastries		The Falcon Meal Deal				
Assorted Crackers, Ice Cream and Drinks		a sice i sales				
*Student must have money in account to purchase		Choose <u>ONE</u> Entree				

CAFÉ NEWS

ONLINE PAYMENTS VIA SKYWARD: https://www.clsd.k12.pa.us/

Complete a Free or Reduced Meals Application to see if you qualify for free or reduced meals.

Daily Entrée Special Hot Sandwich of the Day Soup & Salad Bar Falcon Favorite Alternate

Daily Vegetable Vegetable Juice Main Hot Vegetable



Fresh Fruit Fruit Cup

Add Your Favorite Milk