Supervisor of Food & Nutrition Services **Emily Rodriguez, RDN** 717-389-1849 | erodriguez@clsd.k12.pa.us **Cornwall-Lebanon School District** 

## January, 2024 Elementary Breakfast & Lunch Menu

**MEAL PRICES:** 

Breakfast - FREE

Lunch - \$2.75 Reduced Price Lunch - FREE

\*\*\*MENU SUBJECT TO CHANGE\*\*\*

Contact the Food Service Office to learn more about Free & Reduced Price School Meals in our District

BREAKFAST CORNER MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY Donies 1/3/2024 1/4/2024 1/5/2024 Grab N' Go Entrée\* 1/1/2024 1/2/2024 MONDAY: Apple French Toast NO SCHOOL TUESDAY: Breakfast Burrito Lunch Entrée: Lunch Entrée: Lunch Entrée: Lunch Entrée: WEDNESDAY: Muffin Top & GoGurt **Dutch Waffle** Doritos Walking Taco Big Daddy's Pizza - Cheese OR Pep **Buttered Perogies** THURSDAY: Breakfast Pizza Fiesta Black Beans & Salsa Fresh Salad with Dressing WINTER VACATION Chicken Tenders Yogurt Cup & String Cheese Powdered or Chocolate Mini Donuts FRIDAY: Steamed Corn Kernels Tater Tots Lettuce, Cheese, Tomato, Juice Slushie Assorted Cereal Offered Daily Sour Cream Breakfast Meal choice includes fruit, juice, and milk \*ALL breakfast items are Whole Grain and Reduced Sugar 1/11/2024 DAILY ALTERNATIVE: 1/8/2024 1/9/2024 1/10/2024 1/12/2024 Mondays, Wednesdays, and Fridays Muffin Meal Lunch Entrée: Lunch Entrée: Lunch Entrée: Falcon Feast Lunch Entrée: Cheese Stuffed Breadsticks French Bread Pizza Chicken Nuggets Cheeseburger Popcorn Chicken Tuesdays and Thursdays **Buttered Noodles** Meatballs with Sauce Baked Beans Mashed Potatoes & Gravv Fresh Vegetable Cup Anytimers Munchable Pack Ranch Style Green Beans Fresh Salad with Dressing Fresh Cucumber Dunkers Steamed Corn Kernels Paradise Punch Juice Uncrustable (Peanut Butter & Jelly) SALAD BAR 1/15/2024 1/16/2024 1/17/2024 1/18/2024 1/19/2024 NO SCHOOL Choice of Protein, Lettuce, Assorted Vegetables Fresh Fruit and a Grain Lunch Entrée: Lunch Entrée: Lunch Entrée: Lunch Entrée: Chicken Alfredo over Penne FALCON SIDES! Soft Beefy Tacos Fish Sticks Big Daddy's Pizza - Cheese OR Pep Fresh fruits and raw vegetables are offered daily Breadstick Fresh Salad with Dressing Lettuce, Cheese, Tomato, Tater Tots LUTHER 3 with any meal choice Sour Cream & Salsa Spinach Salad Steamed Broccoli Juice Slushie KING JR. MILK CHOICES: Ranchero Pinto Beans & -DAY Fruit Filled Churro 1% White Milk - Fat Free Chocolate Milk - Fat Free Strawberry 1/22/2024 1/23/2024 1/24/2024 1/25/2024 1/26/2024 A LA CARTE OPTIONS\* Assorted Hershey's Ice Cream - Assorted Baked Chips NO SCHOOL Lunch Entrée: Lunch Entrée: Lunch Entrée: Lunch Entrée: \*All snacks are Smart Snack Compliant -Spaghetti with Meat Sauce Mini Corn Dogs Salisbury Steak Chicken Tenders Baked Beans Mashed Potatoes & Gravy PROFESSIONAL LEARNING DAY Student must have money in account to purchase -Crinkle Cut Fries Breadstick A La Carte items are those items sold separately. Fresh Broccoli Dunkers Fresh Salad with Dressing Rice Krispie Treat Steamed Carrots not part of a meal. Dinner Roll with Margarine 1/29/2023 1/30/2023 1/31/2023 CAFÉ NEWS! ONLINE PAYMENTS VIA SKYWARD: https://www.clsd.k12.pa.us/ 000 Lunch Entrée: Lunch Entrée: Lunch Entrée: CASH/CHECK PAYMENTS MAY BE BROUGHT TO YOUR Chicken Nuggets Beefy Nachos with Tostitos Grilled Cheese & Goldfish STUDENT'S HOMEROOM TEACHER. Macaroni & Cheese Refried Beans & Churro Creamy Tomato Soup PLEASE PUT IN ENVELOPE WITH NAME AND PIN ON FRONT Ranch Style Green Beans Lettuce, Cheese, Tomato, Fresh Vegetable Cup 6 X Sour Cream & Salsa Complete a Free & Reduced Price School Meals Application to see if you qualify! The Falcon Breakfast

STATE FOR VOLUE FAVORITE MILK CORNWALL-LEBANON SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

The Falcon Lunch Meal Deal

Choose ONE Entree

Main Entrée Daily Alternative Salad Bar



Choose up to 2 fruits Fresh Fruit Daily Fruit

Add Your Favorite Milk



Choose up to 2 vegetables Daily Vegetable Assorted Vegetable Cup

Don't4Get

ADD YOUR FAVORITE MILK