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| **Athletic recovery meals\*\*** |
| **CHOICE OF 1\* :**Turkey & Cheese SubHam & Cheese on a Pretzel BunPB&J UncrustableChicken, Bacon, Ranch WrapItalian and Cheese SubBuffalo Chicken WrapChicken Caesar Wrap\*PB&J Uncrustable can be substituted for allergy or pork free diets\*Gluten Free options are available | **CHOICE OF 1\* :**ChipsTiny PretzelsGranola BarGraham Crackers\*Additional $.75 for extra choice | **Choice of 1 :**Apple SlicesApplesaucePeach CupCarrot SticksParadise Punch(vegetable juice)BroccoliFruit Slushie\*Additional $.75 for extra choice | **Choice of 1 :**Capri Sun8oz waterGatorade G2 – Additional $.80 |
| **Optional dessert Choice for additional $.50 charge:** Fresh Baked Cookie |
| Individually bagged lunch with spork kit and condiments provided in cooler bags with ice packs. These bags are designed to keep food cold for 2 hours. Food should be consumed with a 4 hour window, can be consumed after 4 hours but must be discarded after 6 hours.Discard/Keep all food – Return Bags & Cooler to School |
| **\*Price:** $6.00 per Guest without dessert $6.50 per Guest with dessert |

\*\*Meals can be customized to fit within your budget, please contact Food Service at 717-389-1849 to discuss options.