

# Come run and have some fun!



## 1st Annual FALCON Running Festival

MAY 31, 2025

LEBANON VALLEY RAIL TRAIL

LEBANON EXPO CENTER TRAILHEAD

*All proceeds from the races support the Cedar Crest High School and Middle School Cross Country/Track and Field Programs.*

**Not a runner?**

**"TRI" something new with the mile fun run!**

**Seasoned runner?**

**Challenge yourself with the 5K or 10K!**

Come join us for the FALCON Running Festival at the Lebanon Valley Expo Center/Lebanon Valley Rail Trail. "Tri" the 1 mile fun run if you are not a running enthusiast. If you're ready to push to the next level, challenge yourself with our 5K or 10K.

All three races will take place on the Lebanon Valley Rail Trail. It is a flat cinder surface with lots of shade! 1 mile fun run and 5k will do an out and back while the 10k will do 2 loops of the 5k course. Start and finish at the Lebanon Valley Expo Center near the soccer fields.

### TIME:

8:00 am- 5k and 10k start  
8:45 am- 5K awards  
9:00 am- 1 mile fun run  
9:15 am- 10k awards

**Awards for Top 3 overall Male and Female in the 5K and 10K**

**Top 3 in each Age Group in the 5K and 10K also receive an award**

**Finisher medals for 1-mile Fun Run**

To get additional information, register, volunteer, and donate go to:  
<https://runsignup.com/Race/PA/Lebanon/FALCONRunningFestival>



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